

One, Two, Step

Artist: Ciara
CD: Goodies

Pop, 3:24
Moderate tempo
Intermediate Line

Choreo: Kathy Moore, CCI
Fairfax, VA
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Sequence: Wait 32 A B A B Break C D B B ½ C

Part A (32 beats)

Heel Run DS H S R S H S R S H S DS RS
L R L R L R L R L R L R LR (moving right)
&a1 & 2 & 3 & 4 & 5 & 6 &a7 &8

**Outhouse,
Flip Turn** DS Tch(ots) H Tch(xif) H Tch(ots) H DS DT(ib) RS BR Up
L R L R L R L R L R L LR L L
&a1 & 2 & 3 & 4 &a5 &a6 &7 & 8
(turn ½ left)

**Heel Run,
Outhouse,
Flip Turn** Repeat same foot, facing back

Part B (32 beats)

**2 Heel Pulls,
Stomp Double** H(ots) S(close) R H(ots) S(close) R STO DS DS RS
L R L R L R L R L R L RL
1 2 & 3 4 & 5 &a6 &a7 &8
(moving forward)

**2 Piney Mnts,
Triple,** DT(ib) T-S DT(ib) T-S DS DS DS RS
R R L L R L R LR
&a1 &2 &a3 &4 &a5 &a6 &a7 &8
(moving back)

3 Rocking Chairs DS BR Up DS RS DS BR Up DS RS DS BR Up DS RS
(knee pops on the "1 2 step") L R R R LR L R R R LR L R R R LR
&a1 & 2 &a3 &4 &a5 & 6 &a7 &8 &a1 & 2 &a3 &4
(turn ¼ left) (turn ¼ left) (turn ¼ left)

Kick Turn Basic DS Kick DS RS
L R R LR
&a5 6 &a7 &8
(turn ¼ left)

Break (4 beats)

Jazz S (swivel L) S (swivel R) S (swivel L) S (swivel R)
L R L R
L arm down R arm down L arm up R arm up
1 2 3 4

Part C (64 beats)

MJ Run	DS DS(ib) R S(ots) S(xib) RS(xif) RS(xib) DS RS L R L R L RL RL R LR &a1 &a2 & 3 4 &5 &6 &a7 &8 (moving right)
Ciara	DS Tch(ots) H B-H(xif) Tch Up DS SK around/H RS H-drop L R L RR L L L R R/L RL R R &a2 & 2 & 3 & 4 &a5 & 6 &7 & 8
Kangaroo, Pivot Chain	DS SL RS SL RS DS RS RS RS L L RL L RL R LR LR LR &a1 & 2& 3 &4 &a5 &6 &7 &8 (forward) (turn $\frac{3}{4}$ right)
Charleston, Soccer Turn	DS Tch(if) H B-H RS DS DT H DS RS L R L R LR L R L R RL &a1 & 2 &3 &4 &a5 &a 6 &7 &8 (turn $\frac{1}{4}$ left)
Repeat	Same foot, facing back

Part D - Rap (32 beats)

Skuff Ups, Touch Ups	S SK Up DS SK Up DS Tch Up Tch Up Tch Up L R R R L L L R R R R R 1 & 2 &a3 & 4 &a5 & 6 & 7 & 8 (hands palms up, up with R foot)
Hard Step, McNamara	DT(ib) H BR Up/H DS RS S H(ots) S S S H(ots) pause R L R R/L R LR L R L R L L &a 1 & 2 &a3 &4 & 5 & 6 & 7 8 (thumbs point to chest on 7)
Step-n-Twist, Oscar Walk	S RS DS Heels-R Heels-L B-H B-H B-H B-H L RL R B B L R L R 1 &2 &a3 & 4 &5 &6 &7 &8 ↑ Heels up and R ↑ in-out in-out in-out in-out Heels down, feet straight ↑ ↑ hands ↑
Only Wanna, Double Basic	DS DT(ib) RS S SL/Up DS DS RS pause L R RL R R/L L R LR L R &a1 &a2 &3 & 4 &a5 &a6 &7 8 ($\frac{1}{2}$ left) ($\frac{1}{2}$ left)

Part $\frac{1}{2}$ C (16 beats)

Do sequence 1 time, pivot chain $1\frac{1}{4}$ right, end facing front.