

Good Time Good Life

Artist: Erin Bowman
Single
Available on iTunes

Music: Pop
Level: High Intermediate

Choreo: Kathy Moore, CCI
www.kamclogger.org
October 2017

Sequence: Wait 16 A B C B A C D C D C E

Part A

Rory STO Hop TB(xib) Heel/Ball Up/SL RS H(wt) DS S STO STO twist twist
L R L L/R L/R LR L R L R L B(R) B(L)
1 & a2 & 3 &4 & 5e& 6 & 7 & 8

Ellie Sweat STO DS RS HB HB H(wt) HS B HS STA STO
R L RL R L R L R L R L R R
1 &a2 &3 &4 &5 & a6 & a7 & 8

Syncopate and Buck STO DS RS DS RS DS DS HB HB
L R LR L RL R L R L R L
1 &a2 &3 &a4 &5 &a6 &a7 e& a8

Good Time Vine STO DS TB(xib) HB TB(xib) DS DS RS
R L R L R L L R LR
1 &a2 &3 &4 &5 &a6 &a7 &8

Part B

That's Right H-S SK-Up H-S SK-Up S S Hop DT K(xif)/Hop RS clap clap
(2 Unclogs, Ba Ding) L R R L L R L R L/R LR LR
&1 &2 &3 &4 & 5 & a 6 &7 & 8

Repeat

Part C

2 Loop Basics DS Loop S(xif) DS RS DS Loop S(xif) DS RS
L R R L RL R L L R LR LR
&a1 & 2 &a3 &4 &a5 & 6 &a7 &8

Billy Goat DS R(xif)S R(ots)S B(xib) SL RS DS DS RS
(Mt Goat, Rocker) L R L R L R R LR L R LR
(move forward) &a1 & 2 & 3 & 4 &5 &a6 &a7 &8

2 Loop Basics

Sammy, Triple DS DS(xif) DR S RS DS DS DS RS
(move back) L R R L RL R L R LR LR
&a1 &a2 & 3 &4 &a5 &a6 &a7 &8

Part D

Only Wanna, Easy Pullback	DS L &a1	DT(ib) R &a2	RS RL &3	B(ib) R &	SL R 4	DS L &a5	DS R &a6	R L &	Slap-S R 7&	Tch(if) L 8
--------------------------------------	----------------	--------------------	----------------	-----------------	--------------	----------------	----------------	-------------	-------------------	-------------------

turn ¼ left

Repeat 3 times

Part E

Unclogs, Soccer Turn	H-S L &1	SK-Up R &2	H-S R &3	SK-Up L &4	H-S L &5	DT(ib) R &a6	DS R a&7	RS LR &8
---------------------------------	----------------	------------------	----------------	------------------	----------------	--------------------	----------------	----------------

turn ¼ left

Repeat 3 Times

Loop Basic	DS L &a1	Loop R &	S(xif) R 2	DS L &a3	RS RL &4	DS R &a5	S L &
-------------------	----------------	----------------	------------------	----------------	----------------	----------------	-------------

Top row: step designations

S step
 DT double toe
 DS double step, DT then step
 B ball, step or jump onto the ball of the foot
 RS rock step
 SL slide (forward)
 DR drag (back)
 K kick
 SK skuff, strike the heel and bring that foot up/forward
 Tch touch, put the ball of the foot on the floor, but don't put weight on it
 H-S heel step
 HB heel ball, hit the heel then jump to the ball of the same foot
 TB toe ball, hit tip of the toe, then jump to the ball of the same foot
 STO stomp, a hard step onto the foot
 STA stamp, strike the floor with the foot, and bring it up, don't step onto it
 H(wt) take weight on the heel, step on the edge of the heel
 A/B do A and B at the same time
 xif cross in front
 xib cross in back

Middle row: foot designations

L left
 R right
 B both

Bottom row: timing

1 e & a one eee and uh