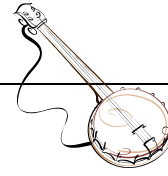


# Get On the One

Artist: Tommy Shaw  
CD: The Great Divide

Music: Bluegrass  
Level: Low Intermediate

Choreo: Kathy Moore  
Fairfax, VA  
September 2011



**Sequence:** Wait 16 A B Break A B Bridge C B\*

## Part A

<b>High Chair</b>	DS	DT(xif)	DT(unx)	RS	DS	BR	Up	DS	RS
	L	R	R	RL	R	L	L	L	RL
	&a1	&a2	&a3	&4	&a5	&	6	&a7	&8

<b>Chain (Pushoff), Triple</b>	DS	RS	RS	RS		DS	DS	DS	RS
	R	LR	LR	LR		L	R	L	RL
	&a1	&2	&3	&4		&a5	&a6	&a7	&8

(move right →)

<repeat opposite>

## Part B

<b>Scotty</b>	DS	DT(xif)	DT(unx)	BO(in)	BO(out)	STO	DS	DS	RS
	L	R	R	B	B	R	L	R	LR
	&a1	&a2	&a3	&	4	5	&a6	&a7	&8

<b>2 Outhouses</b>	DS	Tch(ots)	H	Tch(xif)	H	Tch(ots)	H		
	L	R	L	R	L	R	L		repeat opposite
	&a1	&	2	&	3	&	4		

<b>Kangaroo, Stomp Double</b>	DS	SL	RS	SL	RS		STO	DS	DS	RS
	L	L	RL	L	RL		R	L	R	LR
	&a1	&	2&	3	&4		5	&a6	&a7	&8

(move forward)

<b>2 Piney Mountains, Fancy Double</b>	DT(ib)	TT-Step	DT(ib)	TT-Step		DS	DS	RS	RS
	L	L	R	R		L	R	LR	LR
	&a1	&2	&a3	&4		&a5	&a6	&7	&8

(move back)

## Break

<b>4 Quarter Kicks</b>	DS	K		DS	K		DS	K		DS	K
	L	R		R	L		L	R		R	L
	&a1	2		&a3	4		&a5	6		&a7	8

(turn ¼ left on each)



**Bridge**

<b>Jazz Square, Slur Basic</b>	B-H(ots) L &1	B-H(xif) R &2	B-H(xib) L &3	B-H(ots) R &4	DS L &a5	Slur R &	S(xib) R 6	DS L &a7	RS RL &8				
										(←move left)			
<b>Unclog, Strut Back</b>	H L &	S L 1	SK R &	Up/H R/L 2	H R &	S R 3	SK L &	Up/H L/R 4	B-H L &5	B-H R &6	B-H L &7	B-H R &8	
										(move forward)		(move back)	
<b>2 Basics, Double Basic Brush</b>	DS L &a1	RS RL &2		DS R &a3	RS LR &4			DS L &a5	DS R &a6	RS LR &7	BR L &	Up L 8	

**Part C**

<b>Rooster Run, Rocking Chair</b>	DS L &a1	DS(xif) R &a2	RS(xib) LR &3	RS(xif) LR &4		DS L &a5	BR R &	Up R 6	DS R &a7	RS LR &8			
										(←move left)		(turn ¼ left)	
<b>Heel Toe Combo, Triple</b>	DS L &a1	H-Tch(if) R &	H L 2	TT(ib) R &	H L 3	H-Tch(if) R &	H L 4		DS R &a5	DS L &a6	DS R &a7	RS LR &8	
										(facing stage left)		(turn ¾ right to face back)	
<b>&lt;repeat&gt;</b>													

**Part B\***

Replace Fancy Double with <b>Double Basic, Step</b>	DS L &a5	DS R &a6	RS LR &7	S(if) L 8
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**Abbreviations**

DS - double step	BO - bounce	Tch - touch	xif - cross in front
DT - double toe	SL - slide	STO - stomp	xib - cross in back
RS - rock step	H - heel	TT - toe tip	unx - uncross
BR - brush	K - kick	B-H - ball heel	if - in front
SK - skuff			ib - in back